

Terms & Conditions | Last Updated: June 2026

Welcome to R.E.A.L Health. By using this website, scheduling services, or accessing educational content provided by R.E.A.L Health, you acknowledge and agree to the following Terms & Conditions.

General Information

The information provided through this website, coaching services, programs, social media content, educational materials, and functional wellness recommendations is intended for educational and informational purposes only.

R.E.A.L Health does not provide medical advice, medical diagnosis, or treatment of any disease or medical condition. Use of this website or participation in services does not establish a doctor-patient relationship.

You should always consult your physician or licensed healthcare provider regarding any medical concerns, symptoms, diagnoses, medications, or before making changes to your nutrition, supplementation, movement routine, or lifestyle.

Scope of Services

R.E.A.L Health provides educational wellness coaching focused on foundational health support, nutrition, lifestyle practices, functional wellness education, and functional lab interpretation for educational purposes.

R.E.A.L Health may review functional laboratory testing from certified third-party laboratories and provide holistic, educational interpretation intended to support general wellness and health education.

These services are not intended to diagnose, treat, cure, or prevent any disease.

Functional Lab Testing Disclaimer

Functional laboratory testing and educational interpretation are intended to provide wellness insights and support a broader understanding of health patterns. Laboratory results should always be reviewed with your physician or qualified healthcare provider for medical interpretation, diagnosis, or treatment when appropriate.

R.E.A.L Health does not provide medical diagnosis codes, CPT codes, or insurance billing support.

Educational Recommendations

Educational suggestions related to nutrition, supplements, lifestyle practices, products, or wellness approaches are provided for informational purposes only and are not medical advice.

Any decisions regarding supplements, therapies, dietary changes, exercise, or wellness practices should be discussed with your healthcare provider.

R.E.A.L Health does not prescribe medications and does not guarantee specific outcomes or results.

Accuracy of Information

While R.E.A.L Health strives to provide accurate and up-to-date educational information, we make no guarantees regarding the completeness, accuracy, reliability, or applicability of any content published on this website, social media platforms, emails, or educational materials.

Health and wellness information is constantly evolving, and content may become outdated over time.

No Guarantee of Results

Every individual is different, and results vary based on many factors including personal history, lifestyle, consistency, compliance, stress levels, physiology, and other individual variables.

R.E.A.L Health makes no guarantees regarding specific health outcomes or results from participation in coaching services or implementation of educational recommendations.

Privacy

R.E.A.L Health makes reasonable efforts to protect personal information shared through coaching services and communication platforms.

However, you acknowledge that services provided by R.E.A.L Health are not governed by HIPAA and are not protected under doctor-patient confidentiality laws.

Please review our Privacy Policy for additional information regarding collection, use, and protection of personal information.

External Links

This website may contain links to third-party websites, resources, products, or services for educational or informational purposes.

R.E.A.L Health is not responsible for the content, accuracy, policies, practices, or availability of any third-party websites or resources and does not guarantee or warrant any products or services offered by third parties.

Intellectual Property

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Website Availability

R.E.A.L Health reserves the right to modify, suspend, or discontinue any aspect of this website, content, programs, or services at any time without notice.

We are not liable for any interruption, temporary unavailability, or discontinuation of website access or services.

Limitation of Liability

To the fullest extent permitted by law, R.E.A.L Health disclaims liability for any direct, indirect, incidental, or consequential damages arising from the use of this website, participation in coaching services, reliance on educational information, or implementation of wellness recommendations.

All services, information, and educational materials are provided “as is” without warranties of any kind, express or implied.

Governing Law

These Terms & Conditions shall be governed by and construed in accordance with the laws of the Commonwealth of Massachusetts, United States.

Contact

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